

Golden Gate Challenge

Results Overall: General Classification

Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
1	224	Eric NGUBANE	Male	30 to 39	1	02:24:50	02:30:09	01:28:26	06:23:23
2	188	Nomore MANDIVENGEREI	Male	30 to 39	2	02:37:53	02:39:35	01:30:20	06:47:47
3	344	Linda ZONDI	Male	20 to 29	3	02:32:19	02:46:06	01:30:38	06:49:02
4	189	Solicitor MANDUWA	Male	40 to 49	4	02:38:18	02:47:24	01:31:16	06:56:57
5	128	Quintin HONEY	Male	30 to 39	5	02:42:39	02:50:04	01:39:50	07:12:31
6	52	Pieter CONRADIE	Male	20 to 29	6	02:55:26	03:03:35	01:40:42	07:39:43
7	67	Ben BRIMBLE	Male	30 to 39	7	02:57:45	03:02:35	01:40:21	07:40:41
8	263	Ayanda SHABALALA	Male	20 to 29	8	02:57:31	03:13:41	01:40:38	07:51:49
9	215	Kapoko MOSIEA	Male	40 to 49	9	03:01:50	03:19:40	01:46:40	08:08:09
10	164	David LAITHWAITE	Male	40 to 49	10	03:12:18	03:17:30	01:42:02	08:11:49
11	72	Marie-Zanne DE KOCK	Female	30 to 39	1	03:19:03	03:22:02	01:52:18	08:33:22
12	86	Clive EDWARDS	Male	40 to 49	11	03:25:25	03:18:33	01:50:58	08:34:55
13	71	Simon DE JONG	Male	30 to 39	12	03:31:25	03:32:54	01:50:29	08:54:46
14	10	Roy AROUCA	Male	40 to 49	13	03:28:40	03:32:53	01:56:33	08:58:05
15	198	Nonsikelelo MBAMBO	Female	30 to 39	2	03:25:20	03:45:41	02:08:52	09:19:52
16	37	Greg CARTER-BROWN	Male	30 to 39	14	03:38:48	03:49:52	01:57:26	09:26:05
17	186	Matshelane MAMABOLO	Male	40 to 49	15	03:54:55	03:42:56	01:59:21	09:37:10
18	48	Guy CLUVER	Male	40 to 49	16	03:39:03	03:58:06	02:08:00	09:45:08
19	207	Ezaiah MIYA	Male	40 to 49	17	03:46:50	03:55:05	02:05:52	09:47:46
20	106	Apiwe GAGA	Female	30 to 39	3	03:41:46	03:56:43	02:12:01	09:50:28
21	260	Karl SCHMIDT	Male	30 to 39	18	03:50:18	03:58:07	02:03:47	09:52:11
22	47	Shannon CLARK	Male	50 to 59	19	04:05:38	03:48:21	02:06:33	10:00:31
23	35	Brett CAMPBELL	Male	30 to 39	20	03:53:23	04:07:22	02:00:19	10:01:03
24	237	Gerald PAVEL	Male	40 to 49	21	03:57:28	03:52:45	02:12:01	10:02:13
25	330	Jan VREKEN	Male	40 to 49	22	03:54:09	03:56:46	02:17:27	10:08:21
26	140	Christiaan JANSE VAN RENSBURG	Male	30 to 39	23	03:03:31	03:35:41	03:31:41	10:10:52
27	182	Mlungisi MADLALA	Male	30 to 39	24	03:55:07	03:59:26	02:16:35	10:11:08
28	4	Collin ALBERTYN	Male	30 to 39	25	03:57:28	04:08:54	02:05:31	10:11:52
29	240	Julia PENNINGTON	Female	20 to 29	4	03:55:07	04:07:33	02:09:16	10:11:54
30	181	Joesph MABOTE	Male	50 to 59	26	03:49:43	04:07:20	02:15:19	10:12:21
31	95	Sally FENWICK	Female	30 to 39	5	04:00:19	04:01:28	02:10:54	10:12:41
32	196	Sibonelo MASHIMANE	Male	30 to 39	27	04:09:20	04:09:36	01:56:23	10:15:18
33	18	Samantha BIESKE	Female	20 to 29	6	04:01:31	04:02:58	02:11:23	10:15:52
34	105	David FUNNELL	Male	50 to 59	28	04:07:04	03:59:31	02:10:38	10:17:12
35	15	Owen BONGO	Male	30 to 39	29	03:55:04	04:29:27	02:00:43	10:25:13
36	57	Gareth CROUCH	Male	20 to 29	30	04:08:56	04:08:53	02:17:58	10:35:46
37	151	Andrew KEIGHTLEY-SMITH	Male	20 to 29	31	04:01:40	04:18:02	02:18:45	10:38:26
38	242	Stephen PHILLIPS	Male	30 to 39	32	04:18:31	04:07:24	02:14:17	10:40:11
39	94	Cindy FABER	Female	40 to 49	7	04:09:19	04:12:40	02:20:46	10:42:45
40	103	Marise FOURIE	Female	30 to 39	8	04:14:21	04:16:36	02:14:03	10:44:59
41	65	Douglas DE BRUYN	Male	30 to 39	33	04:15:57	04:21:16	02:10:55	10:48:06
42	290	Stephen TAYLOR	Male	30 to 39	34	04:02:06	04:33:46	02:21:23	10:57:14
43	300	Phineas TSULUBE	Male	40 to 49	35	04:06:07	04:18:01	02:34:11	10:58:18
44	13	Bakonyi BASTIEN	Male	20 to 29	36	04:27:18	04:19:28	02:13:57	11:00:42
45	222	Ewald NEL	Male	20 to 29	37	04:22:33	04:19:54	02:23:12	11:05:38

Golden Gate Challenge

Results Overall: General Classification

Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
46	341	Sandanathi XABA	Male	40 to 49	38	04:00:47	04:27:17	02:39:17	11:07:20
47	205	Michael MIDDLETON	Male	40 to 49	39	04:21:33	04:24:22	02:22:22	11:08:17
48	213	Paulos MONARENG	Male	40 to 49	40	04:16:40	04:18:43	02:33:40	11:09:02
49	278	Francois STOCK	Male	40 to 49	41	04:28:23	04:15:58	02:24:48	11:09:08
50	6	Marc ALLEN	Male	40 to 49	42	04:20:55	04:26:42	02:23:40	11:11:16
51	289	Penelope TAYLOR	Female	40 to 49	9	04:24:06	04:16:36	02:31:23	11:12:04
52	254	Mark RUDLING	Male	30 to 39	43	04:31:42	04:27:04	02:18:55	11:17:40
53	217	Kgauta MOTSHOENENG	Male	40 to 49	44	04:27:25	04:18:42	02:34:00	11:20:06
54	298	Mike TREDWAY	Male	30 to 39	45	04:28:21	04:31:30	02:23:51	11:23:41
55	203	Mikaela MEYER	Female	20 to 29	10	04:39:03	04:18:21	02:28:09	11:25:32
56	276	Clive STEWART	Male	40 to 49	46	04:42:15	04:26:29	02:18:03	11:26:46
57	93	Megan EVANS	Female	30 to 39	11	04:27:42	04:27:04	02:33:10	11:27:54
58	33	Kyle BURGESS	Male	30 to 39	47	04:27:42	04:27:04	02:33:10	11:27:55
59	12	Brandon BARNES	Male	30 to 39	48	04:27:10	04:37:07	02:28:15	11:32:32
60	350	Nicholas ROWSE	Male	40 to 49	49	04:32:26	04:39:56	02:20:37	11:32:58
61	7	Catherine ANDERSSON	Female	30 to 39	12	04:30:04	04:33:53	02:31:23	11:35:19
62	162	Liaan KRUGER	Male	30 to 39	50	04:25:17	04:44:01	02:26:17	11:35:34
63	316	Chris VAN JAARVELD	Male	30 to 39	51	04:25:18	04:44:00	02:26:17	11:35:34
64	265	Don SHAW	Male	60 to 69	52	04:27:23	04:36:58	02:32:33	11:36:53
65	202	Heinz MEYER	Male	20 to 29	53	04:20:53	04:41:58	02:34:35	11:37:25
66	251	Jian REIS	Male	30 to 39	54	04:15:50	04:56:40	02:27:08	11:39:37
67	142	Cornelius JANSEN	Male	50 to 59	55	04:27:12	04:39:12	02:34:03	11:40:26
68	223	Dudu NGCOBO	Female	30 to 39	13	04:19:58	04:27:17	02:55:59	11:43:13
69	301	Jared TULLOCH	Male	20 to 29	56	04:24:57	04:44:00	02:35:04	11:43:59
70	236	Samantha PATTERSON	Female	20 to 29	14	04:25:00	04:43:59	02:35:04	11:44:02
71	308	Willem VAN DER MERWE	Male	40 to 49	57	04:47:18	04:27:11	02:30:04	11:44:32
72	307	Christelle VAN DER MERWE	Female	40 to 49	15	04:47:19	04:27:11	02:30:04	11:44:33
73	28	Richard BRITTAN	Male	40 to 49	58	04:27:37	04:41:48	02:39:32	11:48:55
74	271	Nic SNYMAN	Male	30 to 39	59	04:48:25	04:41:25	02:20:08	11:49:57
75	166	Matt LAMMERS	Male	30 to 39	60	04:24:22	04:49:52	02:48:07	12:02:20
76	296	Stefan TOERIEN	Male	40 to 49	61	04:54:49	04:47:35	02:23:38	12:06:02
77	80	Frederik DREYER	Male	20 to 29	62	04:55:55	04:36:38	02:35:52	12:08:23
78	257	Gavin SACKS	Male	50 to 59	63	04:47:00	04:44:34	02:41:29	12:13:02
79	159	Erika KORTE	Female	40 to 49	16	04:24:07	04:56:10	02:53:02	12:13:19
80	249	Nikola RAMSDEN	Female	40 to 49	17	04:34:49	04:58:04	02:42:19	12:15:11
81	59	John CUFF	Male	60 to 69	64	04:40:05	04:57:14	02:38:29	12:15:47
82	274	Glenn STAPLES	Male	40 to 49	65	04:43:55	04:58:20	02:40:05	12:22:18
83	50	Joanie COETZEE	Female	50 to 59	18	04:48:58	04:55:35	02:38:39	12:23:12
84	192	Paul MAREE	Male	50 to 59	66	04:26:09	05:13:16	02:47:36	12:27:00
85	90	Aaron ENGELBRECHT	Male	30 to 39	67	04:31:09	04:50:32	03:05:26	12:27:07
86	327	Gerda VISAGIE	Female	40 to 49	19	05:05:28	04:53:29	02:35:58	12:34:54
87	312	Antoinette VAN DER WESTHUYSEN	Female	40 to 49	20	05:05:29	04:53:30	02:35:58	12:34:55
88	113	Jan Arie GUTTER	Male	30 to 39	68	04:48:32	05:12:45	02:36:03	12:37:20
89	226	Qondisa NGWENYA	Male	40 to 49	69	05:02:54	04:55:34	02:39:23	12:37:50
90	82	Willie DU PLESSIS	Male	50 to 59	70	04:44:15	04:46:46	03:08:59	12:40:00

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Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
91	70	Lou DE JAGER	Male	30 to 39	71	04:50:53	04:58:44	02:51:38	12:41:14
92	315	Mientjie VAN HEERDEN	Female	40 to 49	21	04:47:53	05:07:51	02:49:45	12:45:29
93	235	Nicola PABST	Female	40 to 49	22	04:47:51	05:07:50	02:51:11	12:46:51
94	110	Dale GRIFFITHS	Male	40 to 49	72	05:04:17	05:00:25	02:42:16	12:46:57
95	58	Grant CRUICKSHANK	Male	30 to 39	73	05:04:18	05:00:25	02:42:16	12:46:58
96	19	Pippa BLACKBURN	Female	40 to 49	23	05:01:11	04:57:34	02:48:33	12:47:18
97	5	Mandy ALBERTYN	Female	30 to 39	24	04:55:58	05:04:29	02:48:33	12:48:58
98	283	Ben SWART	Male	30 to 39	74	05:01:07	05:05:08	02:45:14	12:51:27
99	108	Dave GILROY	Male	30 to 39	75	05:06:10	05:10:57	02:37:07	12:54:14
100	231	Sonette O'REILLY	Female	40 to 49	25	04:50:55	05:11:14	02:52:35	12:54:42
101	232	Tonie O'REILLY	Male	40 to 49	76	04:50:55	05:11:15	02:52:35	12:54:45
102	234	Nicole OXLEE	Female	40 to 49	26	05:14:50	04:50:26	02:52:25	12:57:40
103	125	Kobus HOEK	Male	30 to 39	77	04:50:54	05:15:58	02:51:39	12:58:30
104	291	Naas TERBLANCHE	Male	40 to 49	78	05:01:20	05:04:43	02:53:27	12:59:28
105	84	Liezl DU TOIT	Female	40 to 49	27	05:01:21	05:04:43	02:53:26	12:59:29
106	320	Jan VAN VREDEN	Male	50 to 59	79	04:11:16	05:45:10	03:03:15	12:59:39
107	146	Robyn JOHN	Female	30 to 39	28	04:49:23	05:13:17	02:57:05	12:59:44
108	27	Roy BRENNON	Male	50 to 59	80	04:44:41	05:06:55	03:08:13	12:59:47
109	167	Tessa LEFRERE	Female	30 to 39	29	04:55:43	05:10:02	02:54:49	13:00:33
110	124	Ricky HODGSON	Male	30 to 39	81	04:55:53	05:10:03	02:54:50	13:00:44
111	109	Janine GOES	Female	50 to 59	30	05:16:34	05:09:14	02:45:06	13:10:53
112	337	Larry WILSON	Male	50 to 59	82	05:16:33	05:09:16	02:45:06	13:10:54
113	76	Andrew DELMONT	Male	30 to 39	83	05:11:06	04:51:03	03:09:10	13:11:18
114	11	Lizle AUSTIN	Female	40 to 49	31	05:13:48	05:10:56	02:49:13	13:13:56
115	135	Christopher JACOBS	Male	30 to 39	84	05:10:13	05:10:57	02:53:34	13:14:43
116	322	Charl VAN WYK	Male	40 to 49	85	05:10:16	05:10:55	02:53:35	13:14:45
117	134	Gerhard HUSSELMAN	Male	30 to 39	86	04:48:34	05:15:50	03:11:20	13:15:43
118	123	Mark HEYWOOD	Male	50 to 59	87	05:06:19	05:23:10	02:56:29	13:25:58
119	190	Rory MANNING	Male	60 to 69	88	05:14:51	05:18:29	02:53:02	13:26:21
120	306	Kate VAN DER BANK	Female	30 to 39	32	05:06:39	04:50:43	03:30:08	13:27:29
121	313	Nataly VAN DYK	Female	30 to 39	33	05:12:37	05:12:20	03:03:41	13:28:37
122	212	Pelser MOKSIE	Female	40 to 49	34	05:12:39	05:12:19	03:03:42	13:28:38
123	319	Zanie VAN RENSBURG	Female	40 to 49	35	05:12:38	05:12:19	03:03:44	13:28:40
124	244	Wilma PIENAAR	Female	40 to 49	36	05:12:37	05:12:18	03:03:46	13:28:40
125	275	Tracy STEART	Female	40 to 49	37	04:58:43	05:18:43	03:13:32	13:30:56
126	332	Hilton WARDLEY	Male	50 to 59	89	05:36:55	05:17:16	02:40:22	13:34:31
127	261	Chris SCOTT	Male	40 to 49	90	05:14:17	05:27:46	02:53:46	13:35:49
128	97	Reinier FERREIRA	Male	30 to 39	91	05:16:36	05:16:01	03:05:16	13:37:52
129	133	Angie HUNTER	Female	40 to 49	38	05:04:22	05:21:18	03:13:37	13:39:17
130	60	Callum DAKYNS	Male	20 to 29	92	04:54:27	05:39:01	03:10:25	13:43:53
131	39	Kim CAVELL CLARKE	Male	40 to 49	93	05:08:08	05:33:24	03:05:14	13:46:45
132	229	Vivienne O'CARROLL	Female	50 to 59	39	05:08:08	05:33:24	03:05:14	13:46:45
133	250	Kerry RAS	Female	40 to 49	40	05:48:17	05:06:48	02:52:26	13:47:31
134	165	Shaun LAMBSON	Male	30 to 39	94	05:11:05	05:30:58	03:05:30	13:47:32
135	295	Su-Yen THORNHILL	Female	40 to 49	41	04:53:38	05:32:56	03:23:17	13:49:49

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Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
136	293	Mike THACKRAY	Male	50 to 59	95	06:19:24	04:58:42	02:32:19	13:50:24
137	303	Annette VAN COLLER	Female	50 to 59	42	04:56:01	05:21:16	03:35:24	13:52:40
138	74	Lisa DE SPEVILLE	Female	40 to 49	43	05:20:18	05:27:47	03:10:17	13:58:20
139	161	Callum HOLLEY	Male	30 to 39	96	05:01:02	05:29:27	03:28:02	13:58:30
140	75	Elra DEJAGER	Female	40 to 49	44	05:23:03	05:30:10	03:09:08	14:02:21
141	334	Gavin WIGGILL	Male	30 to 39	97	05:05:35	05:46:27	03:10:49	14:02:51
142	122	Toni HESP	Female	50 to 59	45	05:22:28	05:30:34	03:10:37	14:03:37
143	77	David DIPPENAAR	Male	30 to 39	98	05:22:29	05:30:33	03:10:37	14:03:38
144	228	Charmaine NILSEN	Female	50 to 59	46	05:22:27	05:30:34	03:10:37	14:03:38
145	29	Beatrix BROEK	Female	50 to 59	47	05:33:26	05:23:53	03:09:02	14:06:19
146	175	Jaqueline LOYDELL	Female	50 to 59	48	05:33:26	05:23:52	03:09:05	14:06:23
147	3	Adri ALBERTYN	Female	40 to 49	49	05:26:24	05:34:22	03:07:43	14:08:28
148	14	Hans BELZ	Male	40 to 49	99	05:36:28	05:32:03	03:01:06	14:09:37
149	179	Gill LUMLEY	Female	50 to 59	50	05:48:11	05:30:20	02:51:18	14:09:48
150	335	Chris WILCOCK	Male	50 to 59	100	05:29:40	05:30:39	03:10:51	14:11:09
151	318	Mari-Lou VAN NIEKERK	Female	40 to 49	51	05:23:47	05:37:51	03:11:18	14:12:55
152	270	Irmela SMIT	Female	30 to 39	52	05:37:12	05:31:59	03:05:16	14:14:26
153	55	Michelle CORNS	Female	40 to 49	53	05:32:19	05:31:50	03:10:50	14:14:59
154	22	Jean BOTHA	Male	30 to 39	101	05:50:09	05:36:18	02:48:37	14:15:02
155	81	Wanita DU PLESSIS	Female	20 to 29	54	05:50:08	05:36:19	02:48:37	14:15:03
156	331	Ilze WAGENER	Female	40 to 49	55	05:41:00	05:37:08	02:57:05	14:15:12
157	262	Davd SEATON	Male	50 to 59	102	05:22:15	05:46:26	03:10:50	14:19:30
158	104	Justin FREWEN	Male	40 to 49	103	05:10:33	05:43:18	03:27:18	14:21:09
159	282	Mirilene SWANEPOEL	Female	40 to 49	56	05:10:32	05:43:19	03:27:19	14:21:09
160	147	Lesley JONES	Female	30 to 39	57	05:47:56	05:31:42	03:05:27	14:25:04
161	24	Andrew BLACKBURN	Male	40 to 49	104	05:29:37	05:15:46	03:39:53	14:25:16
162	227	Samantha NIGHTINGALE	Female	20 to 29	58	05:47:54	05:31:41	03:06:09	14:25:44
163	85	Jaco DUVENHAGE	Male	30 to 39	105	05:52:02	05:34:16	02:59:45	14:26:02
164	168	Tania PIENAAR	Female	30 to 39	59	05:41:30	05:34:41	03:11:18	14:27:29
165	87	Darienne EIGELAAR	Female	40 to 49	60	05:27:31	05:33:03	03:27:01	14:27:34
166	136	David JACOBS	Male	50 to 59	106	05:27:32	05:33:04	03:27:01	14:27:36
167	107	Tommy GIBSON	Male	60 to 69	107	05:40:40	05:43:14	03:05:17	14:29:10
168	83	Chantell DU PREEZ	Female	30 to 39	61	05:40:59	05:50:56	03:00:44	14:32:38
169	347	Dumisani ZUNGU	Male	40 to 49	108	05:01:09	05:51:04	03:42:42	14:34:53
170	139	Beulah JANSE VAN RENSBURG	Female	20 to 29	62	05:30:32	05:39:36	03:24:50	14:34:57
171	138	Annemarie JANSE VAN DANIEL	Female	50 to 59	63	05:30:33	05:39:37	03:24:50	14:34:59
172	32	Daniel BURGER	Male	30 to 39	109	05:42:02	05:56:16	02:57:53	14:36:10
173	304	Tim VAN COLLER	Male	60 to 69	110	05:22:16	05:39:40	03:35:24	14:37:20
174	255	Lexi RUTHERFOORD	Female	30 to 39	64	05:29:48	05:49:37	03:28:03	14:47:27
175	256	Ross RUTHERFOORD	Male	30 to 39	111	05:29:49	05:49:37	03:28:04	14:47:29
176	339	Alex WOOLFE	Male	20 to 29	112	06:17:23	04:40:36	03:50:23	14:48:21
177	45	Andrew CHRISTIE	Male	20 to 29	113	06:03:29	05:44:11	03:01:02	14:48:41
178	193	Ian MARTINCICH	Male	30 to 39	114	06:03:30	05:44:10	03:01:03	14:48:42
179	26	Liz BRASH	Female	50 to 59	65	05:58:21	05:43:01	03:07:47	14:49:07
180	145	Jeremy JOBLING	Male	40 to 49	115	05:52:37	05:51:27	03:05:20	14:49:23

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Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
181	23	Manuela Barroso BOTHA	Female	40 to 49	66	05:41:40	05:55:06	03:16:31	14:53:16
182	292	Wayne TESSENDORF	Male	30 to 39	116	05:52:29	05:41:50	03:20:39	14:54:57
183	286	Brian TAYLOR	Male	50 to 59	117	05:45:16	06:30:46	02:40:40	14:56:40
184	269	Nikiwe SIHELE	Female	40 to 49	67	06:00:25	05:48:01	03:14:38	15:03:03
185	132	Angela HULETT	Female	40 to 49	68	05:51:26	05:55:36	03:22:00	15:09:01
186	281	Sarah SWAINSON	Female	30 to 39	69	05:54:29	05:46:41	03:28:03	15:09:13
187	131	Daniela HUGHES	Female	30 to 39	70	05:38:13	06:06:28	03:27:15	15:11:55
188	285	Richard TARR	Male	60 to 69	118	05:49:01	06:03:37	03:21:10	15:13:47
189	144	Gillian JEVON	Female	50 to 59	71	05:58:45	05:55:36	03:21:59	15:16:18
190	64	Tracy DE ABREU	Female	40 to 49	72	05:48:00	06:17:01	03:11:51	15:16:51
191	56	Sharon COVENTRY	Female	40 to 49	73	05:49:27	06:17:00	03:11:51	15:18:17
192	216	Adrian MOSS	Male	30 to 39	119	06:19:28	05:55:39	03:05:36	15:20:42
193	195	Nontuthuko MASHIMANE	Female	30 to 39	74	06:44:37	05:42:04	02:55:59	15:22:39
194	79	Nsizwa DLAMINI	Male	40 to 49	120	05:40:07	06:35:34	03:07:40	15:23:20
195	88	John EIGELAAR	Male	40 to 49	121	05:54:41	06:09:12	03:22:44	15:26:36
196	333	Graham WELLS	Male	40 to 49	122	06:14:39	06:01:55	03:10:38	15:27:11
197	160	Annemi KOTZE	Female	30 to 39	75	05:59:03	06:04:31	03:25:42	15:29:14
198	219	Johann MYNHARDT	Male	40 to 49	123	05:57:08	06:04:31	03:31:14	15:32:52
199	247	Paul Jacobus PUTTER	Male	50 to 59	124	06:07:07	06:28:44	02:59:36	15:35:26
200	62	Michele DAVIS	Female	40 to 49	76	05:53:07	06:03:32	03:39:32	15:36:10
201	156	Peter KISBEY-GREEN	Male	50 to 59	125	05:39:08	06:45:45	03:15:41	15:40:32
202	324	Judy VANDERWAGEN	Female	40 to 49	77	06:00:26	06:03:30	03:39:31	15:43:26
203	143	Chrissie JAY	Female	40 to 49	78	06:00:27	06:03:30	03:39:33	15:43:29
204	78	Dudu DLAMINI	Female	50 to 59	79	06:00:28	06:03:31	03:39:32	15:43:30
205	287	Jenny TAYLOR	Female	50 to 59	80	05:45:16	06:30:47	03:35:14	15:51:16
206	41	Sonja CECH	Female	30 to 39	81	06:10:15	06:18:15	03:31:14	15:59:43
207	40	Jonathan CECH	Male	30 to 39	126	06:10:16	06:18:15	03:31:14	15:59:44
208	174	Helga LOUW	Female	40 to 49	82	06:19:16	06:15:13	03:28:48	16:03:16
209	328	Marlize VISSER	Female	30 to 39	83	05:49:51	06:12:32	04:02:39	16:05:01
210	31	Jane BROOKS	Female	30 to 39	84	05:23:16	06:46:53	03:55:38	16:05:46
211	30	Hugh BROOKS	Male	30 to 39	127	05:23:16	06:46:54	03:55:38	16:05:47
212	191	Alex MAREE	Male	20 to 29	128	05:53:35	06:40:04	03:40:24	16:14:02
213	96	Edmund John FERREIRA	Male	50 to 59	129	05:59:06	06:30:02	03:45:03	16:14:10
214	98	Saretha FERREIRA	Female	50 to 59	85	05:59:07	06:30:01	03:45:04	16:14:10
215	314	Johan VAN HEERDEN	Male	30 to 39	130	06:10:02	06:40:03	03:39:15	16:29:19
216	183	Karen MAIDEN	Female	50 to 59	86	06:25:22	06:26:00	03:39:35	16:30:56
217	119	Diane HAYTER	Female	40 to 49	87	06:19:01	06:29:22	03:44:22	16:32:44
218	53	Kerry COOKE	Female	40 to 49	88	06:19:00	06:29:23	03:44:23	16:32:44
219	238	Kim PEACOCK	Female	30 to 39	89	06:19:53	06:20:19	03:53:42	16:33:53
220	239	Simon PEACOCK	Male	30 to 39	131	06:19:54	06:20:20	03:53:42	16:33:55
221	92	Jacquoline ETZOLD	Female	40 to 49	90	07:00:44	05:58:45	03:35:25	16:34:52
222	34	Peter BURTON	Male	60 to 69	132	06:19:25	06:54:15	03:22:31	16:36:10
223	218	Denton MUIL	Male	40 to 49	133	06:23:20	06:20:18	03:53:43	16:37:20
224	155	Chris KINGSLEY	Male	30 to 39	134	05:59:36	06:46:51	03:55:39	16:42:05
225	154	Ali KINGSLEY	Female	30 to 39	91	05:59:35	06:46:52	03:55:39	16:42:06

Golden Gate Challenge

Results Overall: General Classification

Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
226	152	Bronwyn KENNEDY	Female	30 to 39	92	06:18:05	06:40:08	03:44:40	16:42:52
227	264	Charmain SHANDU	Female	40 to 49	93	06:12:44	06:49:07	03:47:14	16:49:04
228	44	Susan CHARLES	Female	50 to 59	94	06:23:23	06:51:19	03:39:33	16:54:14
229	336	Colleen WILLIS	Female	40 to 49	95	06:23:22	06:51:20	03:39:49	16:54:30
230	141	Pieter JANSE VAN RENSBURG	Male	60 to 69	135	06:35:45	06:37:21	03:52:24	17:05:29
231	272	Andrew SPENCE	Male	40 to 49	136	06:37:12	06:39:58	03:49:23	17:06:32
232	273	Belinda SPENCE	Female	40 to 49	96	06:37:11	06:39:59	03:49:23	17:06:32
233	36	Louise CARDWELL	Female	40 to 49	97	06:36:18	06:51:52	03:45:45	17:13:53
234	25	Ilse BRASE	Female	30 to 39	98	06:47:12	06:51:17	03:39:34	17:18:03
235	169	Marlien LIEBENBERG	Female	30 to 39	99	06:47:13	06:51:20	03:39:34	17:18:06
236	208	Lunga MLANDU	Male	30 to 39	137	07:01:21	07:13:52	03:06:44	17:21:57
237	153	Fikile KHUMALO	Female	40 to 49	100	07:08:40	07:12:55	03:15:45	17:37:18
238	199	Kelly MCCALLUM	Female	30 to 39	101	06:35:36	06:59:23	04:05:44	17:40:43
239	230	Ryan O'DONOVAN	Male	30 to 39	138	06:35:35	06:59:24	04:05:45	17:40:43
240	197	Nomaxaba MATITI	Female	40 to 49	102	06:36:50	07:02:20	04:01:48	17:40:58
241	173	Alan LOPES	Male	40 to 49	139	07:10:12	06:44:13	03:54:12	17:48:36
242	246	Hennie PRINSLOO	Male	60 to 69	140	06:55:37	06:54:15	04:09:10	17:59:01
243	268	Linda SIBOZA	Male	30 to 39	141	06:57:23	07:12:46	03:51:19	18:01:27
244	149	Immaculate JWILI	Female	50 to 59	103	07:01:22	07:08:34	03:56:09	18:06:04
245	245	Tracy PRINGLE	Female	40 to 49	104	07:01:28	07:38:30	03:39:03	18:18:59
246	157	Magda KOCH	Female	40 to 49	105	07:14:42	06:54:00	04:12:20	18:21:00
247	258	Johan SCHEEPERS	Male	50 to 59	142	06:36:37	08:33:05	03:16:20	18:26:01
248	252	Francis ROGAN	Female	40 to 49	106	07:01:15	07:33:52	03:53:34	18:28:41
249	170	Joanne LIN	Female	60 to 69	107	07:32:48	07:13:31	04:12:20	18:58:39
250	253	Christie Lee ROWSE	Female	40 to 49	108	07:12:13	07:49:39	04:02:44	19:04:35
251	89	Shane ELLIOTT	Male	40 to 49	143	07:03:42	07:58:42	04:21:21	19:23:43
252	43	Alison CHADWICK	Female	50 to 59	109	07:31:54	07:49:38	04:21:20	19:42:51
253	259	Molene SCHEEPERS	Female	50 to 59	110	08:18:04	08:32:53	05:10:47	22:01:43
254	2	Douglas AFFLECK	Male	30 to 39	144	09:19:13	09:05:17	05:44:10	24:08:39
255	1	Barbara AFFLECK	Female	30 to 39	111	09:19:12	09:05:18	05:44:11	24:08:40
	8	Bryan ANTOLIK	Male	40 to 49					
	9	John ARMSTRONG	Male	50 to 59					
	16	Miemie BESTER	Female	30 to 39			05:21:37		
	17	Mihan BESTER	Male	40 to 49			05:21:37		
	20	Ryno BOSCH	Male	30 to 39					
	38	Heidi CARTER-BROWN	Female	30 to 39		05:52:41		03:02:57	
	42	Murray CHABANT	Male	40 to 49		04:26:57			
	46	Leon CLAASSEN	Male	30 to 39					
	49	Shelley CLUVER	Female	40 to 49		05:48:18			
	51	Anneke COMBRINCK	Female	30 to 39					
	54	Michelle CORNS	Male	40 to 49					
	61	Megan DAVEY	Female	40 to 49					
	63	Carl DAWSON	Male	50 to 59		05:32:51		02:44:30	
	66	Craig DE FREITAS	Male	50 to 59					
	68	Rachel Hadio DE FREITAS	Female	30 to 39					

Golden Gate Challenge

Results Overall: General Classification

Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
69		Fritz DE JAGER	Male	50 to 59					
73		Barrie DE PINNA	Male	30 to 39					
91		Priscilla ESTERHUYZE	Female	50 to 59					
99		Roderic FINN	Male	40 to 49					
100		Spurgeon FLEMINGTON	Male	40 to 49			03:47:32	01:55:27	
101		Adrienne FOURIE	Female	30 to 39					
102		Jaco FOURIE	Male	30 to 39		07:13:00			
111		Lee FULLER	Male	40 to 49				02:05:37	
112		Wendy GROOM	Female	40 to 49					
114		Sven HAGEMANN	Male	20 to 29					
115		Catharina HAMMAN	Female	40 to 49					
116		Monique HAMMAN	Female	30 to 39					
117		Rohanne HAMMAN	Male	30 to 39					
118		Tella HARRIS	Male	40 to 49					
120		Gary HENWOOD-FOX	Male	50 to 59		05:54:28		03:23:45	
121		Lafras HERON	Male	40 to 49					
126		Gerald HOLLAND	Male	60 to 69					
129		Madelein HOUGH	Male	40 to 49		06:29:06			
130		Paul HOWES	Male	50 to 59					
137		David JACOBS	Male	50 to 59					
148		Andre JONKER	Male	50 to 59		05:42:01	06:46:20		
150		Andrew KEIGHTLEY-SMITH	Male	20 to 29					
158		Gilbert KORIR	Male	30 to 39					
163		Mariska LABUSCHAGNE	Female	30 to 39		07:23:50		04:57:54	
171		Melanie LOGAN	Female	50 to 59		08:54:00			
172		Paolo LONGO	Male	40 to 49					
176		Melissa LUDICK	Female	30 to 39					
177		Rohann LUDICK	Male	40 to 49					
178		Frank LUMLEY	Male	50 to 59		07:01:23			
184		Jevan MALAN	Male	30 to 39		03:25:10			
187		Buti MANAMELA	Male	30 to 39					
194		Mosito MASHAPHA	Male	40 to 49			07:14:42		
200		Victor MCLOUGHLIN	Male	50 to 59		05:48:10	05:30:25		
201		Wendy MCLOUGHLIN	Female	40 to 49			07:38:32		
204		Nontuthuko MGABHI	Female	30 to 39			05:24:39	02:59:23	
206		Lindsay MIENIE	Female	40 to 49					
211		Refilwe MOKGOSI	Female	30 to 39		05:48:08	07:14:38		
214		Jan MORRISON	Male	40 to 49					
220		Karin NAUDE	Female	40 to 49				04:44:26	
221		Jaime NAYLOR	Male	30 to 39					
225		Kwenza NGUBANE	Male	30 to 39		02:34:16			
233		Grahame OSLER	Male	30 to 39					
241		Ronald PHAGE	Male	30 to 39					
248		Tshegofaco RAMETSI	Female	30 to 39		07:49:37			
266		Patricia SHAW	Female	60 to 69		08:54:01			

Golden Gate Challenge

Results Overall: General Classification

Pos	No	Name	Gender	Cat	Gen Pos	Day 1	Day 2	Day 3	Total
267		Khaya SIBEKO	Male	40 to 49		06:44:36			
277		Judith STILLER	Female	50 to 59					
280		Buyi MAKHOBHA	Female	30 to 39		05:53:19			
284		Diana TANNER	Female	40 to 49				03:09:34	
288		Jan Hendrik DE VILLIERS	Male	30 to 39			04:33:47	02:21:24	
294		Chris THOMAS	Male	40 to 49		05:48:17		02:51:18	
297		Christine TRATSCHLER	Female	40 to 49		05:32:50		02:46:07	
299		Darryl Trodd	Female	50 to 59					
302		Gerald VALASHIYA	Male	40 to 49		05:26:24	05:06:49		
305		Justin VAN DER BANK	Male	30 to 39		05:06:40		03:22:13	
309		Noel VAN DER MILLER	Male	50 to 59					
311		Marieta VAN DER WALT	Female	50 to 59					
317		Peet VAN JAARVELD	Male	50 to 59			04:46:53	02:45:13	
321		Azanne VAN WYK	Female	40 to 49					
323		Johan VAN WYK	Male	40 to 49					
325		Karien VENTER	Female	20 to 29		04:14:01			
326		Steven VIENINGS	Male	40 to 49					
329		Rudi VISSER	Male	30 to 39					
338		Sonja WINTER	Female	30 to 39		04:44:14	04:44:46		
340		Jason WRIGHT	Male	40 to 49		07:13:53			
342		Petro JONKER	Female	50 to 59			06:46:24		
343		Peter YPENBURG	Male	40 to 49				02:46:37	
345		Mdu ZONDI	Male	30 to 39					
346		Tracy ZUNCKEL	Female	40 to 49		03:42:29	03:47:31		
348		Hanno LANGENHOVEN	Male	40 to 49		07:39:57		03:46:52	